

OUTCOME 3: WELLBEING

CHILDREN HAVE A STRONG SENSE OF WELLBEING

Emotional - accessible

- Remains accessible to others at times of distress, confusion and frustration.
- Requires some assistance to remain accessible to others at times of distress, confusion and frustration.
- Requires considerable assistance to remain accessible to others at times of distress, confusion and frustration.

Emotional - satisfaction

- Often shares humour, happiness and satisfaction in familiar and new situations.
- Sometimes shares humour, happiness and satisfaction in familiar situations.
- Rarely shares humour, happiness and satisfaction.

Emotional - cooperation

- Is mostly cooperative and able to work collaboratively with others.
- Is increasingly cooperative and usually able to work collaboratively with others.
- Currently requires adult assistance to cooperate and work collaboratively with others.

Emotional - self regulation

- Is usually able to show an understanding, and to self-regulate their behaviour and manage their emotions in ways that reflect the feelings and needs of others.
- Sometimes requires support to understand, self-regulate their behaviour and manage their emotions in ways that reflect the feelings and needs of others.
- Requires adult prompts and guidance to understand, self-regulate behaviour and manage their emotions in ways that reflect the feelings and needs of others.

Health - communication

- Is usually able to recognise and communicate their bodily needs (for example thirst, hunger, rest, comfort, physical activity) in familiar and new situations.
- Is able to recognise and communicate their bodily needs (for example thirst, hunger, rest, comfort, physical activity) in familiar situations, however may require adult prompts and support in new situations.
- Currently relies on adult support to adequately recognise and communicate their bodily needs (for example thirst, hunger, rest, comfort, physical activity).

Health - spatial awareness

- Is able to demonstrate spatial awareness and orient themselves, moving around and through their environments confidently and safely.
- With support and some adult prompts is able to orient themselves, moving around and through their environments confidently and safely.
- Requires adult support to be able to orient themselves, and to move around and through their environments safely.

Health - fine motor skills

- Is able to manipulate equipment and manage age appropriate tools with competence and skill.
- With support is able to manipulate familiar equipment and manage age appropriate familiar tools with increasing competence and skill.
- Currently requires adult encouragement or support to manipulate familiar equipment and manage age appropriate tools.

Health - awareness

- Has an increasing awareness of healthy lifestyles and good nutrition.
- Is developing an increasing awareness of healthy lifestyles and good nutrition.

Health - personal hygiene

- Is independent with regard to personal hygiene/toileting in familiar and new settings.
- Is usually independent with regard to personal hygiene/toileting in familiar settings but may require some assistance/ prompts in new settings.
- Is developing independence and competence in regard to personal hygiene/toileting however requires support and prompts.

Health - gross motor skills

- Shows enthusiasm for participating in physical play and is able to negotiate play spaces to ensure the safety and wellbeing of themselves and others.
- Participates in physical play and negotiates play spaces usually with regard for the safety and wellbeing of themselves and others.
- Requires support to participate in physical play and reminders to negotiate play spaces with regard for the safety and wellbeing of themselves and others.